#### Beat: Local

# Carnival

#### in Eindhoven aka Lampegat

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**USPA NEWS** - Carnival is one of the most celebrated cultural events in the Netherlands, and Eindhoven is no exception. Every year, during the three days leading up to Ash Wednesday, the city transforms into a vibrant hub of music, dance, and colorful costumes. For both locals and expats living in the Netherlands, Carnival in Eindhoven is an opportunity to let loose, celebrate, and embrace the Dutch culture.

Carnival in Eindhoven typically starts with the installation of the city's carnival prince and princess, who are chosen to lead the celebrations. They are responsible for overseeing the events and ensuring that everyone has a great time. Throughout the three-day celebration, there are various activities that take place, including parades, street parties, and cultural performances.

One of the most notable events during Carnival in Eindhoven is the parade, which takes place on the Sunday of the festival. The parade features various floats and groups of people dressed in colorful costumes, throwing candy and other treats to the crowds lining the streets. The music is loud, the energy is high, and everyone is in a festive mood.

Another popular event is the "haring happen," which translates to "herring eating." This is a traditional Dutch carnival activity where people gather to eat pickled herring and drink beer. It's a fun way to experience Dutch culture and mingle with the locals.

For expats living in the Netherlands, Carnival in Eindhoven can be a great way to integrate into the community and get to know Dutch traditions. Many expats embrace the festivities by donning costumes and joining in the fun. Some even participate in the parade or attend the various parties and events that take place throughout the city.

As an citizen of Eindhoven, I can attest to the fact that Carnival in Eindhoven is a unique experience that brings people together regardless of their background or nationality. The inclusive nature of the festival makes it easy for expats to feel welcome and get involved. Whether you're new to the Netherlands or have been living here for a while, Carnival in Eindhoven is a great way to meet new people and have fun.

Of course, with any large-scale event, there are always safety concerns. The city of Eindhoven takes measures to ensure that everyone stays safe during Carnival. There are designated areas for drinking, and police presence is increased to prevent any incidents from occurring. It's important for everyone to keep safety in mind and to take precautions to ensure that they and those around them have a great time.

In conclusion, Carnival in Eindhoven is an annual celebration that brings together the people of the city and beyond. It's a time for people to embrace Dutch culture, let loose, and have fun. For expats living in the Netherlands, it's a great opportunity to experience a unique aspect of Dutch culture and get involved in the local community. So, if you're in Eindhoven during Carnival, make sure to put on a costume, grab some herring, and join in the festivities. You won't regret it!

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